

EMPower Coaching Program Application Form



EMPower is a life-changing coaching program that gives women the skills and confidence to thrive and achieve greater economic freedom. Focused on long-term goals, your EMPower Coach guides you in setting and achieving goals across family and housing, career and education, finances, and health and wellbeing.

The following checklist will help you to decide if EMPower is for you:

- I am over 18 years of age
- I am female
- I am currently in stable housing* (including transitional and private rental with assistance)
- I am able to receive Centrelink or other stable forms of income and have the right to work in Australia
- I have previously experienced homelessness, family violence or trauma
- I am not currently in crisis and feel ready to explore setting long-term goals for my family, wellbeing, finances, career and education and employment

Are you interested in applying for EMPower Coaching or finding out more information? If yes, please fill out the details below and our coaches will get in contact with you to discuss the program in more detail.

BASIC INFORMATION

Name:	
Phone number:	
Email address:	
Interpreter required: Yes OR No	Language:
When is the best time of the day to contact you?	

ABOUT YOU

Q1. EMPower is a coaching program based around supporting women to set and achieve goals that will develop their economic independence and create plans for their future. Are you motivated to set goals and if so, which areas are of particular interest? What are you hoping to achieve?

Q2. Do you have any questions about the program?

Q3. Are you receiving support from any other services at the moment? Please let us know which services you are currently connected with (if any).

*Juno provides specialist case management support for women currently experiencing homelessness or family violence. Juno's EMPower Coaching Program will be suited to you if you have stable housing (including transitional and private rental with assistance) and are in a position to explore your next steps and life goals.

Please email your application form to tessa@juno.org.au. From there, we will contact you to further confirm eligibility. Please contact EMPower Coaches, Tessa on 0405 186 925 or Shazia on 0405 198 925 if you have any questions.

EMPower will begin in March 2022 and you will receive a call or email before then.