

# Register now for 'Powering Future Choices' community workshops

*Delivered by lived experience peer  
educators*



 In-person and online

*Equipping you with resources and options to support your future*

The workshops are designed for women who:

- Want to explore resources and choices that are important for future life
- Would like practical information on planning ahead with your finances, housing, safe relationships and/or health and wellbeing
- Enjoy informal, interactive workshops and learning with other women

*"Life and circumstances can change unexpectedly and these workshops can help you prepare for any future challenges in a welcoming environment" – Juno Peer Educator*

The workshops are facilitated by trained peer educators, women who have been there and can help you build your skills, knowledge and connections.

Available workshops:



## HOUSING

Housing stress, homelessness and creating a housing plan.



## RELATIONSHIPS

Relationship changes and breakdowns, unsafe relationships, your rights and resources and information.



## MONEY

Gender pay gap, superannuation, entitlements, financial counselling and creating a financial plan.



## HEALTH & WELLBEING

Women's health and wellbeing, navigating change and making a plan to prioritise your health.



Scan this code or visit <https://juno.org.au/resources-workshops/> for workshop dates!

You can register to attend an existing workshop or we can organise to present to your community group. Contact [christina@juno.org.au](mailto:christina@juno.org.au) or 03 8692 2020 for more info.

*Complimentary tea/coffee and snacks will be provided at in-person workshops.*