Powering Future Choices Anglicare Victoria

JUNO

COMMUNITY EDUCATION WORKSHOPS

Equipping women and non binary people with resources and options to support and empower you & delivered by lived/living experience peer educators

What do we mean when we say 'lived/living experience peer educators'?

Peer educators within the Powering Future Choices context, are people who have survived family violence and/or homelessness. Our peer educators facilitate each workshop and will work alongside you to build your knowledge and encourage you to share your expertise with others in the space.

You are invited to participate in our four-part series which covers the following topics:

- 1. Housing: Navigating the housing system and local support options available amid the current housing crisis.
- 2. Financial wellbeing: Empower yourself with knowledge of your financial entitlements, including superannuation, property settlement, the gender pay gap, and improving your relationship with money.
- 3. Healthy relationships: Explore what healthy relationships can look like, identify harmful patterns, and discuss practical support options.
- 4. Health and wellbeing: Share and celebrate diverse perspectives on health and wellbeing. Receive holistic information and referrals to support your personal journey.

The workshops are designed for women and non binary people who:

- Would like to connect in a safer space surrounding experiences of family violence and/or homelessness, whether it's your experience or someone you support
- To empower you with information on how to navigate service systems, including access to practical resources to further support you or people in your communities to self advocate
- Enjoy informal, collaborative workshops and learning alongside other women and non binary people



